



Welcome to Northeast Delta Dental

Achieve your very best oral and overall health...

Northeast Delta Dental is proud to offer **Health through Oral Wellness**® — better known as **HOW**® — to all our members. To learn more, visit HealthThroughOralWellness.com

Health through Oral Wellness® (HOW®)

is our industry-leading, patient-centered oral health program designed to promote good oral and overall health for all Northeast Delta Dental members. HOW® is secure, confidential, and absolutely **FREE**.



Get started with HOW by knowing your score!

- 1 Go to HealthThroughOralWellness.com and take the “Free Assessment” in the Know Your Score section of the website.
- 2 Share your score with your dentist.
- 3 Ask your dentist to perform a clinical version of the oral health risk assessment called the PreViser® OHIS score.



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